

Candidate: _____



POLYSOMNOGRAPHIC TECHNOLOGIST Skills Checklist

Experience Level

Last Updated 6/11/2010 12:06:11 PM

1 = No Experience - Theory / Observed Only

3 = Experienced - Does Frequently / Competent

2 = Limited Experience - Have Done / May Need Review

4 = Proficient

Level

GENERAL SKILLS				
Patient Preparation:				
Full Head Hook Up	1	2	3	4
Patient CPAP / PAP Trails	1	2	3	4
Patient Pre-Study Callibration	1	2	3	4
Seizure Hook Up	1	2	3	4
Standard 10 - 20 Hook Up	1	2	3	4
Medications:				
Bronchodilators (Inhaled)	1	2	3	4
D - Nase (Pulmozine)	1	2	3	4
Dopamine	1	2	3	4
Morphine Sulfate	1	2	3	4
Pavulon	1	2	3	4
Pentamidine (NebuPent)	1	2	3	4
Ribaviran (Virazole)	1	2	3	4
Steroids (Inhaled)	1	2	3	4
Tobramycin	1	2	3	4

STUDIES AND SKILLS				
Audio Video Monitoring (Driving, etc.)	1	2	3	4
ECG	1	2	3	4
EEG	1	2	3	4
Electorencephalogram Rhythms	1	2	3	4
Electrocardiogram Rhythms	1	2	3	4
Endotracheal Suctioning	1	2	3	4
Esophageal Pressure Tube Insertion	1	2	3	4
Full Mask Fitting	1	2	3	4
Headache	1	2	3	4
Insomnia	1	2	3	4
Multiple Sleep Latency Test (MSLT)	1	2	3	4
Nasal Mask Fitting	1	2	3	4
Nasal Ventilation	1	2	3	4
Nasotracheal Suctioning	1	2	3	4
Night Terror Study	1	2	3	4
Oxygen Saturation, ECGs	1	2	3	4
Oxygen Set Up (NC, Mask, Trach)	1	2	3	4
Oxygen Titration	1	2	3	4

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STUDIES AND SKILLS (con't)				
Pediatric Polysomnography	1	2	3	4
Placement of Body Electrodes	1	2	3	4
Portable Sleep Study at Home	1	2	3	4
Portable Sleep Study in Hospital	1	2	3	4
REM Behavioral Disorder Precaution	1	2	3	4
Research Studies (Alcohol, Drugs, Safety)	1	2	3	4
Scoring	1	2	3	4
Seizure Study	1	2	3	4
Staging Sleep, Resp, PLMs	1	2	3	4
Sleep Logs	1	2	3	4
Sleep Study in Sleep Lab	1	2	3	4
Study of Sleep Walking	1	2	3	4
Troubleshooting Equipment	1	2	3	4
Wake Study	1	2	3	4

EQUIPMENT EXPERIENCE				
Alice 3	1	2	3	4
Alice 4	1	2	3	4
Biological	1	2	3	4
Digitrace	1	2	3	4
Grass Analog System	1	2	3	4
Grass Digital System	1	2	3	4
Medgraphics Lab	1	2	3	4
Medgraphics P Series	1	2	3	4
Nicolet	1	2	3	4
Nihon Koden Analog	1	2	3	4
Nihon Koden Digital	1	2	3	4
Sandman	1	2	3	4
Sensormedics	1	2	3	4
Sullivan CPAP	1	2	3	4
Sullivan VPAP	1	2	3	4
Teca	1	2	3	4

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EXPERIENCE				
Acute Care Facility	1	2	3	4
Community Hospital	1	2	3	4
Hospital Labs / Centers	1	2	3	4
Independent Labs	1	2	3	4
Intensive Care Units	1	2	3	4
Patient Homes	1	2	3	4
Rural Hospital	1	2	3	4
Teaching Hospital	1	2	3	4
Skilled Nursing Facility	1	2	3	4
Systems Experience				
100% Digital	1	2	3	4
Paper (Graph)	1	2	3	4
Software: DOS - based	1	2	3	4
Software: Windows - based	1	2	3	4

LEGEND KEY FOR AGE SPECIFIC CRITERIA
[A] = Newborn (Birth to 30 days)
[B] = Infant (30 days to 1 year)
[C] = Toddler (1 to 3 years)
[D] = Young Children (3 to 6 years)
[E] = Older Children (7 to 12 years)
[F] = Adolescents (13 to 20 years)
[G] = Young Adults (21 to 39 years)
[H] = Middle Adults (50 to 60 years)
[I] = Older Adults (61+ years)

AGE SPECIFIC CRITERIA	
Able to adapt care to incorporate normal growth and development	A B C D E F G H I
Able to adapt method and terminology of patient instructions to their age comprehension and maturity level	A B C D E F G H I
Can ensure a safe environment reflecting specific needs of various age groups	A B C D E F G H I

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CERTIFICATIONS / COURSES / SKILLS		Level
BCLS	<input type="checkbox"/> Y <input type="checkbox"/> N	
ACLS	<input type="checkbox"/> Y <input type="checkbox"/> N	
PALS	<input type="checkbox"/> Y <input type="checkbox"/> N	
RPSGT	<input type="checkbox"/> Y <input type="checkbox"/> N	
Sleep Technical	<input type="checkbox"/> Y <input type="checkbox"/> N	
RT	<input type="checkbox"/> Y <input type="checkbox"/> N	
RRT	<input type="checkbox"/> Y <input type="checkbox"/> N	
CRTT	<input type="checkbox"/> Y <input type="checkbox"/> N	
Computerized Charting	<input type="checkbox"/> Y <input type="checkbox"/> N	
Medication Administration System	<input type="checkbox"/> Y <input type="checkbox"/> N	

Initials _____

Print Name _____

Date _____

Signature _____