

Candidate: _____



PHYSICAL THERAPIST Skills Checklist

Experience Level

Last Updated 9/20/2010 4:51:57 PM

1 = No Experience - Theory / Observed Only

3 = Experienced - Does Frequently / Competent

2 = Limited Experience - Have Done / May Need Review

4 = Proficient

	Level			
GENERAL SKILLS				
Burn Management	1	2	3	4
Cardiac Rehabilitation	1	2	3	4
Chest Physiotherapy	1	2	3	4
Computerized Charting	1	2	3	4
Fatigue Characteristics	1	2	3	4
Fiber - Type	1	2	3	4
Functional Strength	1	2	3	4
Net Muscular Torque	1	2	3	4
ROM	1	2	3	4
Work Capacity	1	2	3	4
Health Maintenance Organization Review	1	2	3	4
HMO Utilization Review	1	2	3	4
Hospice	1	2	3	4
Insurance Companies	1	2	3	4
Managed Patient Care Services	1	2	3	4
Functional Capacity Evaluation	1	2	3	4
Inservice Education	1	2	3	4
National Patient Safety Goals	1	2	3	4
Tone Management / Spasticity	1	2	3	4
Lymphedema	1	2	3	4
Obstetrics in Physical Therapy	1	2	3	4
WC Ordering for SCI Patients	1	2	3	4
Wheelchair / Equipment Assessment	1	2	3	4
Work Capacity Evaluation	1	2	3	4
Wound Care	1	2	3	4

MODALITIES				
Acuscope	1	2	3	4
Biofeedback	1	2	3	4
Continuous Passive Motion Machine (CPMs)	1	2	3	4
Craniosacral Therapy	1	2	3	4
Cryotherapy	1	2	3	4
Diathermy	1	2	3	4
Electro-Acupuncture	1	2	3	4
Extremity Mobilization	1	2	3	4
Fluid Therapy	1	2	3	4
Hot/Cold Packs	1	2	3	4

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MODALITIES, con't.				
Hydrotherapy:				
Hubbard Tank	1	2	3	4
Therapeutic Pool	1	2	3	4
Whirlpool	1	2	3	4
Massage	1	2	3	4
Muscle Energy Techniques	1	2	3	4
Muscle Stimulation	1	2	3	4
Myofascial Release Techniques	1	2	3	4
Neuro Probe	1	2	3	4
Paraffin Bath	1	2	3	4
Spinal Mobilization	1	2	3	4
Strain / Counter Strain Techniques	1	2	3	4
TENS	1	2	3	4
Therapeutic Exercise / Home Programs	1	2	3	4
Traction:				
Cervical	1	2	3	4
Lumbar	1	2	3	4
Ultrasound	1	2	3	4
Vasopneumatic Devices	1	2	3	4
Wound Care	1	2	3	4

NEUROLOGY				
Head Trauma	1	2	3	4
Neurosurgery	1	2	3	4
Spinal Cord Injury	1	2	3	4
Stroke Rehabilitation	1	2	3	4
Adaptive Equipment	1	2	3	4
Functional Splinting	1	2	3	4

ORTHOPEDICS				
Arthritis Programs	1	2	3	4
Back Syndrome	1	2	3	4
Hand Injury	1	2	3	4
Hip Fracture	1	2	3	4
Mobilization Techniques	1	2	3	4

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ORTHOPEDICS, con't.				
Neck Injuries	1	2	3	4
TMJ Dysfunction	1	2	3	4
Total Hip / Knee Replacement	1	2	3	4
Total Joint Replacement / Upper Extremities	1	2	3	4

SPORTS MEDICINE				
Biodex	1	2	3	4
Bracing / Joint Immobilization	1	2	3	4
Cybex	1	2	3	4
LIDO	1	2	3	4
Nautilus / Eagle	1	2	3	4
Orthotron	1	2	3	4
Strength and Endurance Training	1	2	3	4
Taping / Strapping	1	2	3	4

PEDIATRICS				
Cerebral Palsy	1	2	3	4
Developmental Disability Sequencing Test	1	2	3	4
Early Invention	1	2	3	4
Equipment Assessment - Adaptive	1	2	3	4
Equipment Assessment - Activities of Daily Living	1	2	3	4
Gross Motor Assessment	1	2	3	4
Learning Disabled	1	2	3	4
Mental Retardation	1	2	3	4
Neurodevelopmental Treatment	1	2	3	4
Orthotics	1	2	3	4
Spina Bifida	1	2	3	4

PROSTHETICS / ORTHOTICS				
Ankle Foot Orthosis	1	2	3	4
Dynamic Splints	1	2	3	4
Gait Analysis	1	2	3	4
Lower Extremity Prosthetics	1	2	3	4
Orthoplast / Aquaplast	1	2	3	4
Protonics	1	2	3	4

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PROSTHETICS / ORTHOTICS, con't.				
Resting Splints	1	2	3	4
Serial / Inhibitory Casting	1	2	3	4
Static Splints	1	2	3	4
Upper Extremity Prosthetics	1	2	3	4

EXPERIENCE	
Birth to 3 Program	Y N
Children's Hospital	Y N
Community Hospital	Y N
General Acute Care	Y N
Home Health Care	Y N
Occupational Health	Y N
Rehabilitation Clinic	Y N
Rehabilitation Hospital	Y N
Rural Hospital	Y N
School Setting	Y N
Skilled Care Facility	Y N
Sports Medicine	Y N
Teaching Facility	Y N

REGULATIONS	
ACT	1 2 3 4
FIMS	1 2 3 4
Omnibus Budget Reconciliation Act	1 2 3 4
Medicare	1 2 3 4
Medi-Cal	1 2 3 4
RUG Levels	1 2 3 4

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LEGEND KEY FOR AGE SPECIFIC CRITERIA

[A] = Newborn (Birth to 30 days)

[B] = Infant (30 days to 1 year)

[C] = Toddler (1 to 3 years)

[D] = Young Children (3 to 6 years)

[E] = Older Children (7 to 12 years)

[F] = Adolescents (13 to 20 years)

[G] = Young Adults (21 to 39 years)

[H] = Middle Adults (40 to 60 years)

[I] = Older Adults (61+ years)

AGE SPECIFIC CRITERIA

Able to adapt care to incorporate normal growth and development

A B C D E F G H I

Able to adapt method and terminology of patient instructions to their age

comprehension and maturity level

A B C D E F G H I

Can ensure a safe environment reflecting specific needs of various age groups

A B C D E F G H I

CERTIFICATIONS / COURSES / SKILLS

BLS

Y N

ACLS

Y N

Trauma Center

Y N

COMPUTERIZED DOCUMENTATION

Computerized Charting

Y N

Cerner

1 2 3 4

EPIC

1 2 3 4

HealthConnect

1 2 3 4

McKesson

1 2 3 4

MEDITECH

1 2 3 4

Other

1 2 3 4

Initials _____

Print Name _____

Date _____

Signature _____